



RACE MANUAL 2023



2x200 ULTRA CHALLENGE, un évènement BIG SMILE CYCLING, organisé par DUBRAQUET.CH

Mail : info@dubraquet.ch

web : www.2x200.ch

Instagram : [#2x200_ultra_challenge](https://www.instagram.com/#2x200_ultra_challenge)

Introduction

Welcome to the world of ultra-cycling and the 2x200 Ultra Challenge!

This challenge will give you a unique experience that you will remember for a long time. You will ride through beautiful landscapes. We will take you to unexpected and sometimes wild places. You will have to be well organised and manage your effort, your food and drink supplies.

Some will stop for the night while others will go for it! Live the challenge according to your desire, without pressure, with the sole objective of crossing the finish line!

Put all the chances on your side, starting by reading the whole document 😊 ! It contains some very useful information!

Event

Unassisted road cycling

Total distance: 409km / Positive climb: 5300m. (approx.)

The route must be cycled entirely by bike, without electrical or mechanical assistance.

Starting and finishing point (race centre)

Bike Shop DUBRAQUET, rue du commerce 96, CH-2300 La Chaux-de-Fonds

Dates and schedules

Saturday 24th June 2023

- 6.30 am : opening of the car park
- 7.00 am : opening of the secured bike lockers
- 7.00 am to 8.15 am: number collection (on the 1st floor of the race centre)
- 8.15 am to 8.30 am: compulsory briefing (on the 1st floor of the race centre)
- 9.00 am to 9.30 am: free start (present yourself at the La Mobilière start gate at the race centre)
- 9.45 am: closing of the secured bike lockers
- 10.45 pm: Estimated arrival of the first participants

Sunday 25th June 2023

- 5.00 pm : Maximum time / closing of the race centre

Surprise itinerary renewed at each edition

The route will be revealed 72 hours before the start! It will be sent to you by email as a GPX file. It will also be downloadable from the 2x200.ch website.

Download the GPX file to your navigation device.

The route is strongly recommended and should be followed at all times if possible. This is for your safety, but also to allow you to pass through the most beautiful corners and on the most beautiful roads. Deviations to reach an accommodation or restaurant are possible. If there are any strange deviations, the organisation will contact you by phone. Make sure that your phone is working during the whole event.

We will also give you a paper map of the route in case your navigation system fails.

In the event of road diversions due to events, roadworks or accidents, please follow the instructions of the police.

Time limit, ranking and validation of the challenge

No timing or ranking is established on the 2x200 Ultra Challenge. The simple fact of being a finisher of the event counts!

The challenge is considered successful if the route is completed in less than 32 hours. Beyond that time, you will not have the title of finisher, but that's okay. We'll keep a beer on tap for you!

Rider's agreement

When collecting your race number, it is compulsory to hand in a paper copy of the "Rider's agreement". It must be filled in, signed and handed in to the organisation.

This document is sent to each participant by email two weeks before the start. It is also available as a free download on our website www.2x200.ch.

Starter kit, . What do you receive before your departure?

In addition to your start number, you will receive the following equipment :

- Personal GPS tracker
- Checkpoint pass
- Paper map of the route
- Road book 5x15cm (to stick on the top tube)

Distribution of starter kits on the 1st floor of the race centre on Saturday 24 June from 7.00 am to 8.15 am

Compulsory equipment for your own safety

- **Your identity card (Swiss/French borders to cross)**
- **Your mobile phone**
- **Bike helmet, glasses**
- **Front and rear lights of sufficient power to ride at night**
- **1 efficient GPS navigation device**
- **1 effective night reflective waistcoat**
- **1 windproof jacket**
- **1 set of repair materials**
- **1 survival blanket**
- **Sufficient food and drink**

!! Checks will be carried out before departure !!

Deposit of personal belongings

It will be possible to leave a bag with your personal belongings at the race centre until the moment of your departure. This bag remains at the race centre in a secure room.

If you have booked your night at the Source du Doubs campsite in Mouthe (CP2), you can leave your sleeping bag and/or tent (only) at the race centre. The organisation will transport it to CP2, then bring it back to the race centre on Sunday at 3.30 pm.

Monitoring and use of trackers (GPS beacons)

At the time of registration, each participant will receive a matchbox-sized tracker. This device allows the organisation, your friends and family to follow you in real time.

Link: followmychallenge.com/live

Trackers should not be placed on top of another GPS or smartphone. They should not be covered by metal, as this blocks the reception.

For more information: <https://www.followmychallenge.com/tracker-instructions>

Trackers must be handed in to the organisation upon arrival at the race centre. Damaged or not returned trackers will be charged CHF 160.00.

Self-sufficiency

You evolve in complete autonomy. You have to provide your own food and drink, this is the principle of ultra-cycling. You must also carry all the compulsory material, equipment and clothing from the beginning to the end of the event.

On the course, each participant can stop to complete his/her needs in food and drinks.

Authorised food supply points:

- Grocery stores, supermarkets, bakeries, petrol stations, restaurants, etc.

Not allowed food supply points:

- Friends / family at the roadside in an organised manner

N.B.; Any food or drink received from others must be freely offered and not planned.

It is permitted to receive mechanical assistance from others. However, follow cars are not allowed for environmental reasons.

Night stops

You are free to ride without stopping. But if you feel that a rest would be beneficial, you are free to stop for as long as you want, wherever you want and in any type of accommodation. Camper vans are allowed, but this should not allow you any logistical help.

Drafting, riding in groups

Drafting is allowed as long as it does not create any danger. Participants should not form a group of more than 5 riders, for safety reasons in traffic. In case of abuse, the race management will take measures.

Checkpoint (CP) / Refreshment stands

There are 4 checkpoints on the route. These checkpoints are compulsory and you will have to get a stamp on your checkpoint pass before leaving. They are marked with signs and are indicated on the paper map.

Please remember that you are on your own and therefore have to provide your own food and drink. Nevertheless we will distribute free food and drinks at the checkpoints (see details below):

- CP 1 (km103): Water / Isotonic drink
- CP 2 (km218): Water / Cola / Isotonic drink / Soup / Bread / Bananas / Cheese / Rusks
- CP 3 (km306) : Water / Cola / Isotonic drink / Soup / Bread / Bananas / Cheese / Rusks
- CP 4 (km411) : Water / Cola / Beer / Grilled pork and veal sausages / Veggie pasta salad / Cake

Please note that the organisation's refreshments are an aid and in no way constitute a complete meal, nor a means of filling your bag to the brim.

Particularities in CP2

From 7.30 pm on Saturday 24 June and until 5.30 am on Sunday 25 June, departures from CP2 towards CP3 will only be allowed in groups of at least 2 people. As the area is not covered by the GSM network for several kilometres, your safety is at stake. Please note that this may result in you being temporarily immobilised at CP2.

We are not able to offer dormitories at CP2, there will only be a few chill-chairs in a small tent. It is your responsibility to find accommodation if you need it.

Checkpoint schedules

- CP 1 (km112): opening Saturday 11:30 am / closing Saturday 3:30 pm
- CP 2 (km221): opening Saturday 2.30 pm / closing Sunday 10 am
- CP 3 (km310): opening Saturday 5 pm / closing Sunday 1 pm
- CP 4 (km411): opening Saturday 9 pm / closing Sunday 5 pm

Compliance with traffic regulations / safety

Remember that you are riding on 'open' roads. It is therefore compulsory to comply with the current road traffic laws.

The most dangerous areas are highlighted in the road book and on the paper map. Please be particularly careful in these areas.

Wearing a reflective waistcoat is recommended during the day and becomes compulsory at dusk. The same applies to front and rear lights.

Stay safe anytime! Your life comes before your performance.

Abandonment (scratch)

All withdrawals must be announced to the race centre by SMS or telephone on the following number

+41 78 602 65 65

In case of withdrawal, the participant must return to the race centre by his/her own means. The transport costs are the responsibility of the participant.

Helping others

In the event of an emergency, each participant must assist others and report the accident to the race management as soon as possible.

At the finish line

Each participant will be able to enjoy a meal and a drink offered at the race centre.

Massage service open on Sunday from 8 am to 4 pm

WC / shower

Race center : WC / shower

CP2 : WC

Public

Your friends and family are welcome at the race centre and along the route.

Participant parking (paying)

A reserved parking area is available 50m from the race centre. **The cost is CHF 5.00/vehicle for both days.**

Follow the directions of our volunteers.

And finally, here are a few tips

Bicycle preparation

- A few days before the event, give your bike a thorough check of its wearing parts such as tyres, brake pads or brake shoes. A service by a professional would be ideal.

Material / equipment

- A pair of photochromic or clear glasses will be very useful at night and will protect your eyes
- Make sure that your devices and lamps last for a sufficient period of time.
- Take warm clothes with you as the cold can be surprising.
- Put a power bank in your bag to recharge your phone, lights and GPS.
- Put some cash in CHF and Euros in your pocket, it could be useful.

Be kind to our volunteers and RIDE WITH SMILE ! 😊



RAIFFEISEN

SHIMANO



VOS PARTENAIRES
#SUPPORTS PUBLICITAIRES #MOBILIER EVENT #TENTES PLIABLES